

# Winter Series



ENJOY YOUR IG JOURNEY  
FIND YOUR DESTINATION

- ADVANCE YOUR SKILLS •
- ADVANCE YOUR PROGRAM •
- ADVANCE YOUR MIND •

\$0  
FREE

Register  
Today

[www.armamilwaukee.org](http://www.armamilwaukee.org)



# John Spencer

January 20, 2021 | 12:00-1:00 PM CST

**No reflection, no growth.  
Reflection fuels leadership growth**

Gaining wisdom from experience requires reflection. From collaborating effectively to growing as a leader, self-reflection is the path forward.

While we all wish there was a fast lane, it truly takes time (and discipline, and mental and emotional willpower). Self-reflection and its reward of self awareness cannot be thought of as a passive exercise. Learn how self-reflection is your path forward to collaborating successfully and to growing as a leader. And, while there is no fast lane, there is a lane and self-reflection is the fuel to get you headed in the right direction.